



**February is National Heart Month**

Laffey Bucci Kent is here to help your heart! If you or a loved one are injured or need advice give our office a call. The LBK Family understands families and the hardships that we can all go through in our lives. We will direct your questions to the right person and get you the help that you deserve. 215-399-9255

**Jeffrey F Laffey, Esquire**



**Sheet Metal Union Local 19**

Jeff Laffey recently spoke to Sheet Metal Workers Local 19 at their Union meeting on February 10, 2016. Gary Masino, President/Business Manager of Local 19, introduced Jeff where he spoke to the workers about job safety and their rights as a worker in Pennsylvania.

What does a Sheet Metal worker do? Sheet Metal Workers are part of the building and construction trades. They fabricate and assemble sheet metal

products in the shops and install these sheet metal products in buildings and on construction project fields. Our Firm represents injured Union workers and their families.

[Contact Us](#)

**Brian Kent Interviewed**

Brian Kent was interviewed at NPR about the Bill Cosby case in Montco. Check out the news article here:  
<http://www.newsworks.org/index.php/component/flexicontent/items/item/90564-29lbcosby>

[FIND OUT MORE](#)



LBK Heart Healthy Recipe by Employee Jennifer:

**Valentine Kiss**

Cut up strawberries, sprinkle mini chocolate chips and add whip cream  
There you go...quick, healthy, sweet and easy (bananas are yummy too)!

Thank you for reading the latest from LBK!

Sincerely,



Jennifer Keenan Keil  
Laffey Bucci Kent

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